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web gastroesophageal reflux ger and gastroesophageal reflux disease gerd commonly cause symptoms such as heartburn a painful burning feeling in the middle of your chest behind your breastbone rising from the lower tip of your breastbone toward your throat regurgitation or stomach contents coming back up through your esophagus and into your web mar 11 2022 gerd treatment looks different for everyone but the common denominator is a personalized plan your pcp or gastroenterologist will help you find a treatment or combination of treatments that works for you your strategy to control gerd is likely to include lifestyle changes and a good place to start is with what you eat web gerd gastroesophageal reflux disease or chronic acid reflux is a condition in which acid containing contents in your stomach persistently leak back up into your esophagus the tube from your throat to your stomach acid reflux happens because a valve at the end of your esophagus the lower esophageal sphincter doesn't close properly when food arrives at web gerd symptoms causes treatments remedies for relief webmd offers a comprehensive look at the causes symptoms and treatments of gastroesophageal reflux disease gerd a digestive disorder web jan 4 2023 gastroesophageal reflux disease gerd symptoms causes diagnosis treatment doctors departments care at mayo clinic print diagnosis endoscopy your health care provider might be able to diagnose gerd based on a history of your signs and

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